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Why People Die by Suicide-Thomas Joiner 2007-09-30 Drawing on extensive clinical and epidemiological evidence, as well as personal experience, Thomas Joiner provides the most coherent and persuasive explanation ever given of why and how people overcome life’s strongest instinct, self-preservation. He tests his theory against diverse facts about suicide rates among men and women; white and African-American men; anorexics, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis.

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Why People Die by Suicide-Thomas E. Joiner 2005 Drawing on extensive clinical and epidemiological evidence, as well as personal experience, Thomas Joiner provides the most coherent and persuasive explanation ever given of why and how people overcome life’s strongest instinct, self-preservation. He tests his theory against diverse facts about suicide rates among men and women; white and African-American men; anorexics, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis.

Myths about Suicide-Thomas E. Joiner 2010-04-15 We need to get it in our heads that suicide is not easy, painless, cowardly, selfish, vengeful, selfmasterful, or rash; that it is not caused by breast augmentation, medicines, "slow" methods like smoking or anorexia, or, as some psychoanalysts thought, things like masturbation; that it is partly genetic and influenced by mental disorders, themselves often agonizing; and that it is preventable and treatable.

Reducing Suicide-Institute of Medicine 2002-10-01 Every year, about 30,000 people die by suicide in the U.S., and some 650,000 receive emergency treatment after a suicide attempt. Often, those most at risk are the least able to access professional help. Reducing Suicide provides a blueprint for addressing this tragic and costly problem: how we can build an appropriate infrastructure, conduct needed research, and improve our ability to recognize suicide risk and effectively intervene. Rich in data, the book also strikes an intensely personal chord, featuring compelling quotes about peopleâ€™s experience with suicide. The book explores the factors that raise a personâ€™s risk of suicide: psychological and biological factors including substance abuse, the link between childhood trauma and later suicide, and the impact of family life, economic status, religion, and other social and cultural conditions. The authors review the effectiveness of existing interventions, including mental health practitionersâ€™ ability to assess suicide risk among patients. They present lessons learned from the Air Force suicide prevention program and other prevention initiatives. And they identify barriers to effective research and treatment. This new volume will be of special interest to policy makers, administrators, researchers, practitioners, and journalists working in the field of mental health.

The Psychology of Suicide: From Research Understandings to Intervention and Treatment-Yossi Levi-Belz 2019-07-11 Suicide is a highly complex and multifaceted phenomenon, with many contributing and facilitating factors and variables. However, given its being one of the most severe human behaviors, an obvious focus would be to identify the underlying psychological mechanisms and processes that may lead to suicidal ideation and behavior. This eBook is dedicated to studies exploring various approaches to the psychology of suicidal behavior as well as of non-suicidal self-injury (NSSI). The purpose of this eBook is to shed light on in-depth examinations of the current knowledge and empirical data regarding models, theories, and specific dimensions and variables that may help us increase the psychological understanding of suicidal phenomena. The specific goal is to identify particular psychological characteristics that may be used to develop prevention and intervention methods and programs. We believe that this eBook can contribute to the understanding of this behavior and help to develop specific tools, therapeutic guidelines, and programs that may help reduce the number of suicides occurring annually. This eBook is dedicated to our dearest friend, Dafni Assaf, who was one of the greatest leaders of the suicide prevention program in Israel.

Suicidal-Jesse Bering 2018-10-30 For much of his thirties, Jesse Bering thought he was probably going to kill himself. He was a successful psychologist and writer, with books to his name and bylines in major magazines. But none of that mattered. The impulse to take his own life remained. At times it felt all but inescapable. Bering survived. And in addition to relief, the fading of his suicidal thoughts brought curiosity. Where had they come from? Would they return? Is the suicidal impulse found in other animals? Or is our vulnerability to suicide a uniquely human evolutionary development? In Suicidal, Bering answers all these questions and more, taking us through the science and psychology of suicide, revealing its cognitive secrets and the subtle tricks our minds play on us when we’re easy emotional prey. Scientific studies, personal stories, and remarkable cross-species comparisons come together to help readers critically analyze their own doomsday thoughts while gaining broad insight into a problem that, tragically, will most likely touch all of us at some point in our lives. But while the subject is certainly a heavy one, Bering’s touch is light. Having been through this himself, he knows that sometimes the most effective response to our darkest moments is a gentle humor, one that, while not denying the seriousness of suffering, at the same time acknowledges our complicated, flawed, and yet precious existence. Authoritative, accessible, personal, profound—there’s never been a book on suicide like this. It will help you understand yourself and your loved ones, and it will change the way you think about this most vexing of human problems.

The Perversion of Virtue-Thomas Joiner 2013-04 In The Perversion of Virtue, suicide researcher Thomas Joiner explores the nature of murder-suicide and offers a unique new theory to explain this nearly unexplainable act: that ‘true’ murder-suicides always involve the wrongheaded invocation of one of four interpersonal virtues.

Someone I Love Died by Suicide-Doreen Cammarata 2009 This newly revised edition of the book is designed for adult caregivers to read to surviving youngsters following a suicidal death. The story allows individuals an opportunity to recognize normal grieving symptoms and to identify various interventions to promote healthy ways of coping with the death of a special person. Although the language used in the book is simplistic enough to be read along with children and ultimately stimulating family discussion, it can be beneficial to all who have been tragically devastated by suicide. It is recommended for this book to be utilized in conjunction with therapy.

Suicide Science-Thomas Joiner 2007-05-08 Suicide kills and maims victims; traumatizes loved ones; preoccupies clinicians; and costs health care and emergency agencies fortunes. It should therefore demand a wealth of theoretical, scientific, and fiduciary attention. But in many ways it has Why? Although the answer to this question is multi-faceted, this volume not. supposes that one answer to the question is a lack of elaborated and penetrating theoretical approaches. The authors of this volume were challenged to apply their considerable theoretical wherewithal to this state of affairs. They have risen to this challenge admirably, in that several ambitious ideas are presented and developed. Ifever a phenomenon should inspire humility, it is suicide, and the volume’s authors realize this. Although several far-reaching views are proposed, they are pitched as first approximations, with the primary goal of stimulating still more conceptual and empirical work. A pressing issue in suicide science is the topic of clinical interventions, and clinical approaches more generally. Here too, this volume contributes, covering such topics as therapeutics and prevention, comorbidity, special populations, and clinicalrisk factors.

Suicide-Paul G. Quinnett 1992 This is a frank, compassionate book written to those who contemplate suicide as a way out of their situations. The author issues an invitation to the life, helping people accept the imperfections of their lives, and opening eyes to the possibilities of love.

The Neuroscience of Suicidal Behavior-Kees van Heeringen 2018-08-23 Contrary to common belief, suicide is preventable and insights from neuroscientific research show how.

Guns and Suicide-Michael D. Anestis 2018-02 "In Guns and Suicide, Michael Anestis reframes our perspective on gun violence by shifting the focus to suicide. Guns play a uniquely profound role in American suicide, and Anestis explains how they have this effect—not by making otherwise non-suicidal people want to die, but by facilitating suicide attempts among suicidal individuals"--

How I Stayed Alive When My Brain Was Trying to Kill Me-Susan Rose Blauner 2009-10-13 "Sue Blauner's you-are-there account . . . offers insight and understanding to anyone who has been touched by suicide."—Joan Anderson, author of A Year by the Sea An epidemic of international proportions, suicide has touched the lives of nearly half of all Americans, yet is rarely talked about openly. In this timely and important book, Susan Blauner breaks the silence to offer guidance and hope for those contemplating ending their lives—and for the loved ones who want to help them. A survivor of multiple suicide attempts, Blauner eloquently describes the feelings and fantasies surrounding suicide. In a direct, nonjudgmental, and loving voice, she offers affirmations and suggestions for those experiencing life-ending thoughts, and for their friends and family. Here is an essential resource destined to be the classic guide on the subject.

The Neurobiological Basis of Suicide-Yogesh Duvivedi 2012-06-25 With recent studies using genetic, epigenetic, and other molecular and neurochemical approaches, a new era has begun in understanding pathophysiology of suicide. Emerging evidence suggests that neurobiological factors are not only critical in providing potential risk factors but also provide a promising approach to develop more effective treatment and prevention strategies. The Neurobiological Basis of Suicide discusses the most recent findings in suicide neurobiology. Psychological, psychosocial, and cultural factors are important in determining the risk factors for suicide; however, they offer weak prediction and can be of little clinical use. Interestingly, cognitive characteristics are different among depressed suicidal and depressed nonsuicidal subjects, and could be involved in the development of suicidal behavior. The characterization of the neurobiological basis of suicide is in delineating the risk factors associated with suicide. The Neurobiological Basis of Suicide focuses on how and why these neurobiological factors are crucial in the pathogenic mechanisms of suicidal behavior and how these findings can be transformed into potential therapeutic applications.

A Chosen Death-Lonny Shavelson 1995 This text tells the stories of five terminally-ill people who seriously considered suicide as they were dying. It describes the emotional, spiritual and intellectual questions that each person faced as death neared.

Understanding Suicide-Connie Goldsmith 2016-08-01 Suicide is among the top three causes of death for young people ages 15 to 24. In fact, this global epidemic claims 41,000 lives per year in the United States alone. Suicide touches people of all ages—from those who consider and attempt suicide to those who lose a loved to suicide. Yet silence often surrounds these deaths and makes suicide difficult to understand. Looking beyond common myths and misconceptions, author Connie Goldsmith examines common risk factors and covers warning signs, ways to reach out to a suffering loved one, and precautions that can save lives. And survivors' personal stories offer honest examinations of both grief and hope.

Disease Control Priorities, Third Edition (Volume 4)-Vikram Patel 2016-03-10 Mental, neurological, and substance use disorders are common, highly disabling, and associated with significant premature mortality. The impact of these disorders on the social and economic well-being of individuals, families, and societies is large, growing, and underestimated. Despite this burden, these disorders have been systematically neglected, particularly in low- and middle-income countries, with pitifully small contributions to scaling up cost-effective prevention and treatment strategies. Systematically compiling the substantial existing knowledge to address this inequity is the central goal of this volume. This evidence-base can help policy makers in resource-constrained settings as they prioritize programs and interventions to address these disorders.

Thinking about Suicide-David Webb 2010 The literature of suicidology studiously ignores the voice of those who experience suicidal feelings. Webb begins to redress the balance.

Suicide as a Dramatic Performance-David Lester 2017-07-05 Each suicide is as unique as the individuals involved, especially if one examines the nature of the act and to what extent these acts can be viewed as a theatrical performance. Focusing on the dramatic aspects of suicide may seem tangential to the physical and mental pain experienced by those who try to kill themselves, but dramatic aspects often provide important clues for understanding the mental state of suicidal individuals.David Lester and Steven Stack investigate what happens in the weeks, days and hours before a suicide when the suicidal individual must make decisions and formulate the script for his or her suicidal act. The editors argue that these choices may help us understand and prevent other suicides and stimulate new and innovative research in this important area.Through twenty-five substantive chapters, including both quantitative and qualitative analyses, this book offers insights into suicide as a dramatic act, with chapters on the intended audience, the suicide note, the location and method chosen, and cultural scripts, including suicide-by-cop, sati, seppuku, and duels. The contributors to this volume argue that psychological, social, and cultural factors influence these choices and that the decisions made by the individual are important for understanding the mental state of the person choosing to die by suicide.

Alternatives to Suicide-Andrew Page 2020-01-26 Alternatives to Suicide: Beyond Risk and Toward a Life Worth Living demonstrates how fostering resilience and a desire for life can broaden and advance an understanding of suicide. The book summarizes the existing literature and outlines a new focus on the dynamic interplay of risk and resilience that leads to a life-focus approach to suicide prevention. It calls for a treatment approach that enhances the opportunity to collaboratively engage clients in discussion about their lives. Providing a new perspective on how to approach suicide prevention, the book also lays out key theories on resilience and the interplay of risk and protective factors. Finally, the book outlines how emerging technologies and advances in data-analytic sophistication using real-time monitoring of suicide dynamics are ushering the field of suicide research and prevention into a new and exciting era. Focuses on what attenuates the transition from thinking about suicide to attempting it Calls for a life-focus treatment approach as opposed to risk-aversion intervention techniques Demonstrates how fostering resilience can advance our understanding of pathways to suicide Discusses emerging technologies being used in current suicide research and prevention Outlines the differences between risk factors and risk correlates Covers real-time assessment of dynamic suicide risk

Where Reasons End-Yiyun Li 2021-01-12 A fearless writer confronts grief and transforms it into art, in a book of surprising beauty and love, "a masterpiece by a master" (Elizabeth McCracken, Vanity Fair). "Li has converted the messy and devastating stuff of life into a remarkable work of art."--The Wall Street Journal WINNER OF THE PEN/JEAN STEIN AWARD * LONGLISTED FOR THE PEN/FAULKNER AWARD * NAMED ONE OF THE TEN BEST FICTION BOOKS OF THE YEAR BY TIME AND ONE OF THE BEST BOOKS OF THE YEAR BY Parul Seghal, The New York Times * NPR * The Guardian * The Paris Review The narrator of Where Reasons End writes, "I had but one delusion, which I held on to with all my willpower: We once gave Nikolai a life of flesh and blood; and I'm doing it over again, this time by words." Yiyun Li meets life's deepest sorrows as she imagines a conversation between a mother and child in a timeless world. Composed in the months after she lost a child to suicide, Where Reasons End trespasses into the space between life and death as mother and child talk, free from old images and narratives. Deeply moving, these conversations portray the love and complexity of a relationship. Written with originality, precision, and poise, Where Reasons End is suffused with intimacy, inescapable pain, and fierce love.

The Virgin Suicides-Jeffrey Eugenides 2011-09-20 First published in 1993, The Virgin Suicides announced the arrival of a major new American novelist. In a quiet suburb of Detroit, the five Lisbon sisters—beautiful, eccentric, and obsessively watched by the neighborhood boys—commit suicide one by one over the course of a single year. As the boys observe them from afar, transfixed, they piece together the mystery of the family’s fatal melancholy, in this hypnotic and unforgettable novel of adolescent love, disgust, and death. Jeffrey Eugenides evokes the emotions of youth with haunting sensitivity and dark humor and creates a coming-of-age story unlike any of our time. Adapted into a critically acclaimed film by Sofia Coppola, The Virgin Suicides is a modern classic, a lyrical and timeless tale of sex and suicide that transforms and mythologizes suburban middle-American life.

The Interpersonal Theory of Suicide-Thomas E. Joiner 2009 This book offers a theoretical framework for diagnosis and risk assessment of a patient’s entry into the world of suicidality, and for the creation of preventive and public-health campaigns aimed at the disorder. The book also provides clinical guidelines for crisis intervention and therapeutic alliances in psychotherapy and suicide prevention.

Thirteen Reasons Why-Jay Asher 2016-12-27 Includes an introduction by the author, alternate ending, early notes and ideas, deleted scenes, discussion guide, and town map on reverse side of jacket.

Why Physicians Die by Suicide-Michael F Myers MD 2017-02-14 Physicians are known to be a group of professionals who are at risk of taking their own lives. In this easy-to-read book, Dr. Michael Myers, a psychiatrist and specialist in physician health, attempts to explain the mystery of why some doctors, despite their calling and the adoration of their families, patients, students and colleagues, perish by suicide. He combines the powerful and gripping insights of dozens of bereaved people whom he interviewed for this project with disguised stories from his decades long clinical practice to shed some light on this national tragedy. The stigma attached to mental illness in doctors is ubiquitous and pernicious - and, because untreated illness is one of the major drivers to suicide, Dr. Myers argues that stigma must be fought with urgency and might. He makes across-the-board recommendations in an effort to prevent suicide in physicians and concludes that everyone has a role to play in saving a doctor’s life. This is a book about heartbreak, loss, prevailing, growth, passion and hope. It’s a book for doctors themselves, their families, those who train them, those who treat them and those who care about them.

After a Parent’s Suicide-Margo Requarth 2006 Explores the complex emotional issues children face after a parent commits suicide and offers practical advice on how the remaining parent and other family members can help them cope.

Culture, Suicide, and the Human Condition-Marja-Liisa Honkasalo 2014-03-30 Suicide is a puzzling phenomenon. Not only is its demarcation problematic but it also eludes simple explanation. The cultures in which suicide mortality is high do not necessarily have much else in common, and neither is a single mental illness such as depression sufficient to lead a person to suicide. In a word, despite its statistical regularity, suicide is unpredictable on the individual level. The main argument emerging from this collection is that suicide should not be understood as a separate realm of pathological behavior but as a form of human action. As such it is always dependent on the decision that the individual makes in a cultural, ethical and socio-economic context, but the context never completely determines the decision. This book also argues that cultural narratives concerning suicide have a problematic double function: in addition to enabling the community to make sense of self-inflicted death, they also constitute a blueprint depicting suicide as a solution to common human problems.

Suicide and Attempted Suicide-Geo Stone 2001-08-12 Too often attempted suicide leads to unintended consequences, because ignorance is deadly and desperation can be fatal. In this morally courageous book, Geo Stone sets out to diminish the lack of awareness about suicide, from the tragedy of teenage suicide to the debate over assisted suicide.

Preventing Suicide-Who 2015-01-31 "Suicides are preventable. Even so, every 40 seconds a person dies by suicide somewhere in the world and many more attempt suicide. Suicides occur in all regions of the world and throughout the lifespan. Notably, among young people 15-29 years of age, suicide is the second leading cause of death globally. Suicide impacts on the most vulnerable of the world’s populations and is highly prevalent in already marginalized and discriminated groups of society. It is not just a serious public health problem in developed countries; in fact, most suicides occur in low- and middle-income countries where resources and services, if they do exist, are often scarce and limited for early identification, treatment and support of people in need. These striking facts and the lack of implemented timely interventions make suicide a global public health problem that needs to be tackled imperatively. This report is the first WHO publication of its kind and brings together what is known in a convenient form so that immediate actions can be taken. The report aims to increase the awareness of the public health significance of suicide and suicide attempts and to make suicide prevention a higher priority on the global public health agenda. It aims to encourage and support countries to develop or strengthen comprehensive suicide prevention strategies in a multisectoral public health approach. For a national suicide prevention strategy, it is essential that governments assume their role of leadership, as they can bring together a multitude of stakeholders who may not otherwise collaborate. Governments are also in a unique position to develop and strengthen surveillance and to provide and disseminate data that are necessary to inform action. This report proposes practical guidance on strategic actions that governments can take on the basis of their resources and existing suicide prevention activities. In particular, there are evidence-based and low-cost interventions that are effective, even in resource-poor settings. This publication would not have been possible without the significant contributions of experts and partners from all over the world. We would like to thank them for their important work and support. The report is intended to be a resource that will allow policy-makers and other stakeholders to make suicide prevention an imperative. Only then can countries develop a timely and effective national response and, thus, lift the burden of suffering caused by suicide and suicide attempts from individuals, families, communities and society as a whole."--Preface, page 03.

Life After Suicide-Jennifer Ashton, M.D. 2019-05-07 From the chief medical correspondent of ABC News, an eloquent, heartbreaking, yet hopeful memoir of surviving the suicide of a loved one, examining this dangerous epidemic and offering first-hand knowledge and advice to help family and friends find peace. Jennifer Ashton, M.D., has witnessed firsthand the impact of a loved one’s suicide. When her ex-husband killed himself soon after their divorce, her world—and that of her children—was shattered. Though she held a very public position with one of the world’s largest media companies, she was hesitant to speak about the personal trauma that she and her family experienced following his death. A woman who addresses the public regularly on intimate health topics, she was uncertain of revealing her devastating loss—the most painful thing she’d ever experienced. But with the high-profile suicides of Kate Spade and Anthony Bourdain, Dr. Ashton recognized the importance of talking about her experience and the power of giving voice to her grief. She shared her story with her Good Morning America family air—an honest, heartbreaking revelation that provided comfort and solace to others, like her and her family, who have been left behind. In Life After Suicide, she opens up completely for the first time, hoping that her experience and words can inspire those faced with the unthinkable to persevere. Part memoir and part comforting guide that incorporates the latest insights from researchers and health professionals, Life After Suicide is both a call to arms against this dangerous, devastating epidemic, and an affecting story of personal grief and loss. In addition, Dr. Ashton includes stories from others who have survived the death of a loved one by their own hand, showing how they survived the unthinkable and demonstrating the vital roles that conversation and community play in recovering from the suicide of a loved one. The end result is a raw and revealing exploration of a subject that’s been taboo for far too long, providing support, information, and comfort for those attempting to make sense of their loss and find a way to heal.

Private Guns, Public Health. New Ed.-David Hemenway 2017-08-07 On an average day in the United States, guns are used to kill over ninety people and wound about three hundred more; yet such facts are accepted as a natural consequence of supposedly high American rates of violence. Private Guns, Public Health reveals the advantages of treating gun violence as a consumer safety and public health problem—an approach that emphasizes prevention over punishment and that has successfully reduced the rates of injury and death from infectious disease, car accidents, and tobacco consumption. Hemenway fair-mindedly and authoritatively outlines a policy course that would significantly reduce gun-related injury and death, pointing us toward a solution.

The Book of Fathers-Miklós Vámos 2009 The discovery in 1705 Hungary of a watch that allows the bearer to look into the past or the future leads to it being passed from father to son through multiple generations of the Csillag family, with each man recording his visions in an heirloom book, in a sweeping historical novel by a successful Hungarian author. Original.

No Time to Say Goodbye-Carla Fine 2011-05-11 Suicide would appear to be the last taboo. Even incest is now discussed freely in popular media, but the suicide of a loved one is still an act most people are unable to talk about—or even admit to their closest family or friends. This is just one of the many painful and paralyzing truths author Carla Fine discovered when her husband, a successful young physician, took his own life in December 1989. And being unable to speak openly and honestly about the cause of her pain made it all the more difficult for her to survive. With No Time to Say Goodbye, she brings suicide survival from the darkness into light, speaking frankly about the overwhelming feelings of confusion, guilt, shame, anger, and loneliness that are shared by all survivors. Fine draws on her own experience and on conversations with many other survivors—as well as on the knowledge of counselors and mental health professionals. She offers a strong helping hand and invaluable guidance to the vast numbers of family and friends who are left behind by the more than thirty thousand people who commit suicide each year, struggling to make sense of an act that seems to them senseless, and to pick up the pieces of their own shattered lives. And, perhaps most important, for the first time in any book, she allows survivors to see that they are not alone in their feelings of grief and despair.

Dying to Be Free-Beverly Cobain 2009-10-28 Honest, gentle advice for those who have survived an unspeakable loss—the suicide of a loved one. Surviving the heartbreak of a loved one’s suicide - you don't have to go through it alone. Authors Beverly Cobain and Jean Larch break through suicide’s silent stigma in Dying to Be Free, offering gentle advice for those left behind, so that healing can begin.

Contagion of Violence-National Research Council 2013-03-06 The past 25 years have seen a major paradigm shift in the field of violence prevention, from the assumption that violence is inevitable to the recognition that violence is preventable. Part of this shift has occurred in thinking about why violence occurs, and where intervention points might lie. In exploring the occurrence of violence, researchers have recognized the tendency for violent acts to cluster, to spread from place to place, and to mutate from one type to another. Furthermore, violent acts are often preceded or followed by other violent acts. In the field of public health, such a process has also been seen in the infectious disease model, in which an agent or vector initiates a specific biological pathway leading to symptoms of disease and infectivity. The agent transmits from individual to individual, and levels of the disease in the population above the baseline constitute an epidemic. Although violence does not have a readily observable biological agent as an initiator, it can follow similar epidemiological pathways. On April 30-May 1, 2012, the Institute of Medicine (IOM) Forum on Global Violence Prevention convened a workshop to explore the contagious nature of violence. Part of the Forum’s mandate is to engage in multisectoral, multidirectional dialogue that explores crosscutting, evidence-based approaches to violence prevention, and the Forum has convened four workshops to this point exploring various elements of violence prevention. The workshops are designed to examine such approaches from multiple perspectives and at multiple levels of society. In particular, the workshop on the contagion of violence focused on exploring the epidemiology of the contagion, describing possible processes and mechanisms by which violence is transmitted, examining how contextual factors mitigate or exacerbate the issue. Contagion of Violence: Workshop Summary covers the major topics that arose during the 2-day workshop. It is organized by important elements of the infectious disease model so as to present the contagion of violence in a larger context and in a more compelling and comprehensive way.

Why Suicide?-Eric Marcus 1996 A nonjudgemental guide for people whose lives have been touched by suicide offers practical answers to such related concerns as what to tell others, insurance coverage, preventability, and what to do with suicidal feelings. Original.

Suicide-Emile Durkheim 2005-08-04 There would be no need for sociology if everyone understood the social frameworks within which we operate. That we do have a connection to the larger picture is largely thanks to the pioneering thinker Émile Durkheim. He recognized that, if anything can explain how we as individuals relate to society, then it is suicide: Why does it happen? What goes wrong? Why is it more common in some places than others? In seeking answers to these questions, Durkheim wrote a work that has fascinated, challenged and informed its readers for over a hundred years. Far-sighted and trail-blazing in its conclusions, Suicide makes an immense contribution to our understanding to what must surely be one of the least understandable of acts. A brilliant study, it is regarded as one of the most important books Durkheim ever wrote.

Meaning, Mortality, and Choice-Phillip R. Shaver 2012 Theorists examine the nature of universal themes such as the importance of personal choice and human autonomy in an arbitrary world, and the vital roles of parenthood and religion in providing solace against the threat of meaninglessness.

Mindlessness-Thomas Joiner 2017 "How Mindfulness Lost Its Mind chronicles the promising rise of mindfulness and its troubling corruption. Joiner gives mindfulness its full due, both as an interesting and useful philosophical vantage point in itself, and as an empirically supported means to address various life challenges. He then charts contemporary societal trends towards individual narcissism that have intertwined with and co-opted the mindfulness movement. The book examines the dispiriting consequences for many sectors of society, ponders ways to mitigate if not undo them, and considers what if anything can be salvaged from the original, useful concept!"--

Why People Die by Suicide-Thomas Joiner 2007-09-30 Drawing on extensive clinical and epidemiological evidence, as well as personal experience, Thomas Joiner provides the most coherent and persuasive explanation ever given of why and how people overcome life’s strongest instinct, self-preservation. He tests his theory against diverse facts about suicide rates among men and women; white and African-American men; anorexics, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis.

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